

Day: M T W TH F S S

Date: M 1 2 3 4 5 6 7 8 9 10 11 12
D 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22
23 24 25 26 27 28 29 30 31



Get this done—no excuses!

Core Priority Tasks

Home

Work

Relationships

Self-Care

Schedule

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

8:00

9:00

10:00

11:00

12:00

10-min Moments

Time:

Task:

Time:

Task:

Time:

Task:

Time:

Task:

Time:

Task:

The Shelf
Any day, just not this one.

Hello Surprise! Sure I can squeeze you in . . .

Only if I can realistically get to it . . .